

“Pan” Cakes Ala Mode

By: Elaine Mason

1 Cup finely chopped cauliflower	2 Cups Sargento Colby Jack Cheese
1 Cup finely chopped Wisconsin sweet corn	2 Cups Flour
1 Cup finely chopped broccoli	4 TSP. Baking powder
½ Cup finely shredded Wisconsin Zucchini	1 Free range egg
1 Cup Wisconsin potatoes	1 Cup Golden Guernsey fat free milk
½ Cup chopped carrots	6 OZ. Chopped Oscar Mayer deli fresh chicken
2 TBSP. Wisconsin butter	2 TBSP Honey acres honey
1 Can Undiluted condensed cheese soup	2 TBSP Koops yellow mustard
4 Strips/Chopped Oscar Mayer bacon	3 Hickory sticks coarsely chopped

In large frying pan, sauté vegetables in Wisconsin butter till crisp/tender – cool slightly, add 1 cup cheese.

In large mixing bowl, whisk together flour, baking powder, egg and milk until moistened.

Add vegetables and stir well

Pour batter by ¼ cupfuls into frying pan, cook for 4-6 minutes per side until golden brown.

May serve as little “open faced” sandwiches or ala mode with chicken or sausage. May add additional cheese to melt.

Whisk together mustard/honey to taste – serve with honey mustard on the side.

Pancakes aren't just for breakfast anymore! These cakes are full of great vegetables grown in Wisconsin! Did you know that Wisconsin is known for its vegetable supply making us #3 in the nation?

Besides grocery stores, in Wisconsin, we can see road side stands selling vegetables/fruit & honey. These items are grown right here in Wisconsin. Its hard, but fun work asks your parents to see a working family farm.

Each Wisconsin farmer feeds 143 people. A great math problem would be how many families of 4 would that be? (Answer: About 35 families – or a subdivision) 99% of Wisconsin farms are about 76,000 farms in Wisconsin.

Wisconsin is also known as the “dairy state”. Think of the Green Bay Packer games with the cheese heads in the stands! But did you know that Wisconsin also produces 1/3 billion eggs? That would be a tough math problem to figure how many egg cartons we need to find. 47 million chickens are also raised or sold in Wisconsin. That's a lot of chicken nuggets!!!

Did you know that \$908 million dollars of livestock are sold each year in Wisconsin? Yummy sausages come from cows & pigs.

There are many interesting facts to learn about farming in Wisconsin. Try using foods grown right here in our state in your next recipe.

Enjoy!