

Apples

Top Varieties of Apples

What's your favorite kind of apple? There are nearly **100 varieties** grown in the United States, but 15 popular varieties account for more than 90 percent of production.

Red Delicious – bright to dark red and sweet-tasting

Golden Delicious – golden to light yellow-green, keeps its shape and flavor during baking

Gala – crisp, yellowish-white, sweet flesh with red or golden skin with red striping

Granny Smith – green, crisp, great for salads and fresh eating

Goldrush – golden, bronze apple with a sweet flavor, great for fresh eating

McIntosh – deep red to red with green blush, best used for snacking and apple sauce

Did you know?

- About **1/2 of the U.S.** apple crop is processed into apple products such as applesauce, pie filling, jams, jellies and juice.
- The average U.S. consumer eats about **65 apples** (or 22 pounds) per person annually.
- Apples contain as much **fiber** as a whole bowl of most popular cereals.

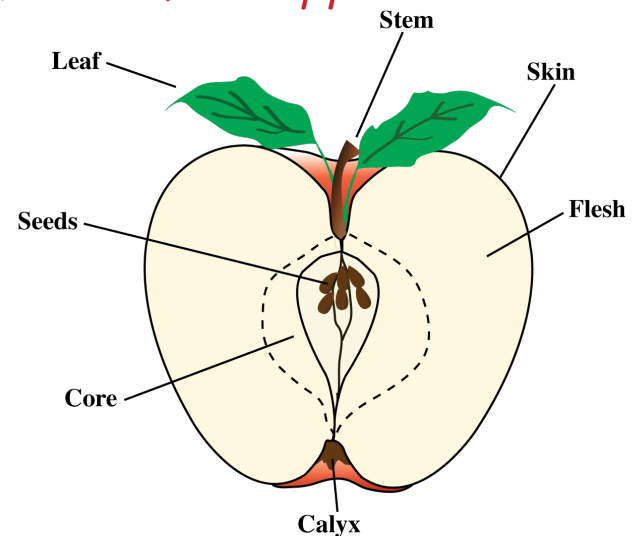
Apples all the Time

Apples are harvested in late summer and early fall, however, we can buy fresh apples from the store **all year**. This is possible because of controlled atmosphere storage, which regulates the temperature, oxygen, carbon dioxide and humidity in the storage room. The controlled atmosphere slows down the respiration process and the apples do not ripen quickly. Most varieties of apples can be stored for **12 months or longer**.

Wisconsin Apple Facts

- Wisconsin apple orchards produce **49.0 million pounds** of apples.
- There are commercial orchards in 57 of Wisconsin's 72 counties, comprising about **4,000 acres**.

Parts of an Apple



Source: Illinois Ag in the Classroom